

(What you need to know so you can thrive.)

NEW AGE TO CHRIST



roadmap

your official guide to:

- > LEAVE THE NEW AGE BEHIND FOR GOOD
- > FULLY ANCHOR YOUR SOUL TO CHRIST



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TJ TERESA
YANAROS

SPEAKING FROM EXPERIENCE...

If we haven't officially met, I'm Teresa Yanaros, and I help Christians eliminate new age/occult beliefs and find true peace in Christ. I went through the painstaking process myself and eventually cracked the code on exactly HOW Satan deceives into the new age/occult and how to bring people clarity and confidence through the liberation process. The Lord is bringing people OUT of spiritual bondage. Thank you, Jesus!



What was the most impactful part of the training? *

The most impactful part of the Clarity Accelerator for me was the Release Unit and Dismantling Occult Anchors. One of my fears in transitioning from an occult worldview to a Christian worldview was having continued blind spots and unconscious beliefs linked to the occult. The Release Unit has a comprehensive and methodical approach that brings the light of the Gospel to every hidden corner. Not only did I gain insight and blessed freedom from the Release Unit, but I can continue to use the approach Teresa designed if the need arises.

Whether you were blending occult practices into Christianity and thinking this was "okay," or if you were engaging in satanic practices with full recognition, the results were the same: spiritual bondage leading toward eternal death. Praise the LORD for calling you by name and calling you into his arms. It's time to get oriented and figure out how to stabilize your spiritual journey. I'm here to get you anchored onto the path to eternal life so you can contextualize your past and share your powerful testimony with others... and then help lead others into the Kingdom of God!



Krista 6 days ago

There are many things...here is one. The Clarity Accelerator program helped me become more astute and aware of spiritual attack and equipped me with critical guidance and "Jesus approved" spiritual tools that I'm actively using/practicing to fortify my faith walk.



I know what it feels like to go "New Age to Jesus" and feel BATTERED: mentally confused, emotionally dim, spiritually oppressed, and traumatized. I haven't just gone through my own liberation, but I've helped others put the darkness behind them so they can share powerful testimonies with others and find JOY in their walk with Jesus.





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A FEW OF MY STUDENT'S RESULTS...



Juliana 1:36 AM

1. #CLARITY from the Christ Captivity Assignment  1. I went from feeling weak in the face of temptation... TO feeling strengthened by my faith and knowing that God is faithful and will provide a way out. **1 Corinthians 10:13** "No temptation has overtaken you that is unusual for human beings. But God is faithful, and he will not allow you to be tempted beyond your strength. Instead, along with the temptation he will also provide a way out, so that you may be able to endure it." 

Tell me about your experience with the RELEASE unit. (Dismantling Strongholds, Closing Doors, Examination of Conscience, Confession/Reconciliation) *what you learned, how it helped, favorite parts*

The Release Unit was a true blessing. I already renounced my occult involvement several years ago but even so, I was still struggling with darkness. The Release Unit helped me get specific, to really pinpoint the lies, the deceptions, and the sins. It helped me to connect the sin to the belief, so there could be accuracy and true understanding in my repentance. Finally, what most deliverance ministries I previously encountered lack, is confession, and receiving a tangible sign of God's forgiveness and love.

How do you think ex-new agers could benefit from the dismantling occult anchors exercise? *

One thing Teresa said early on about strongholds is, "Lies take up real estate in your mind." And I thought, "Well, maybe that's true. How much real estate can they occupy once you don't really believe them anymore. I guess I'll see."

Now I did see. LIES TAKE UP REAL ESTATE IN YOUR MIND. Sorry for caps-shouting but lies take up multiple city blocks with over-occupied high-rise apartment buildings on them, and multiple underground parking levels. Evict the lies! You won't be sorry.



A FEW OF MY STUDENT'S RESULTS...

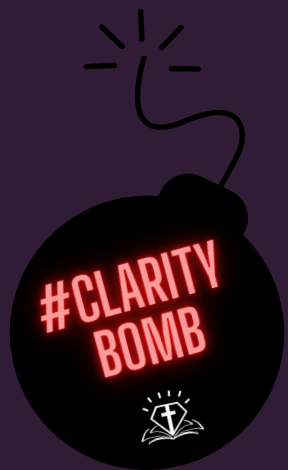


Amanda 11:21 PM

Even though I have had a committed Christian walk for many, many years, I have continued to struggle breaking free from the darkness of the new age, and have felt dismayed, wondering if these doors will ever shut. I have studied, researched, followed what advice or programs seemed sensible, and have honestly not discerned any progress. At this point, I am only a few weeks into the Clarity Accelerator program, and this is the first time I have hope that this oppression might end this side of heaven.

The foundational theology module gave me a better understanding of the nature of the world that we live in because of the fall of man and how temptation and sin stand in the way of our salvation. This helped put into perspective the new age deceptions that were perpetually getting me nowhere spiritually. Taking inventory of my past beliefs and practices helped me to understand what is wrong with them so I can close doors and dismantle the belief structures of my old worldview.

With the transformation occurring that is sanctification through the Holy Spirit, I have a new sense of right and wrong. I feel discernment and conviction, a new alignment with my spirituality that I used to seek through signs and wonders of synchronicity and astrology. I now seek to know God and walk in obedience towards becoming the child of God that he created and intended for me to be.



Jamie Admire 7:16 AM

😭 #clairty I've been chasing meaning my whole life, trying to figure out what it is God made ME to do. I filled it with everything I thought that answer was. The CA helped me see I wasn't relying on God, and knowing his character and who he is, rather I was relying upon myself to be my own deliver-er. The CA helped me ground into the reality that God is real thru a deep reflection and study of Gods character and nature and that he is the one true deliverer (edited)

The Enemy Tactics and Abandon the Brick units in the Clarity Accelerator provided the greatest amount of transformation for me, because I not only learned how the Enemy looped me into a decades-long New Age/occult hamster wheel; Teresa also guided me through a deep dive into exactly how and why my New Age beliefs and practices were so deceptive and dangerous. It opened my eyes to the gravity of what I had involved myself with and motivated me to dig deep into my journey out of occult bondage.



core concepts

LEAD THOUGHTS CAPTIVE TO CHRIST.

For though we walk in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons. For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds, Inasmuch as we refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the true knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ.

SEE NEXT
PAGE

2 Corinthians 10

RENEW YOUR MIND IN CHRIST.

Do not be conformed to this world, but be transformed by the renewal of your mind that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 12



core concepts

DESTRUCTION OF STRONGHOLDS

What is a stronghold?

- a place that has been fortified so as to protect it against attack
- a place where a particular cause or belief is strongly defended or upheld

ONE ACCEPTED LIE =
A BRICK



MANY ACCEPTED LIES?? =
A STRONGHOLD
OF THE MIND



built upon the shifting and perishing sands of the world

**JESUS BREAKS THE STRONGHOLDS.
WE MUST LEAN INTO THE PROCESS.**



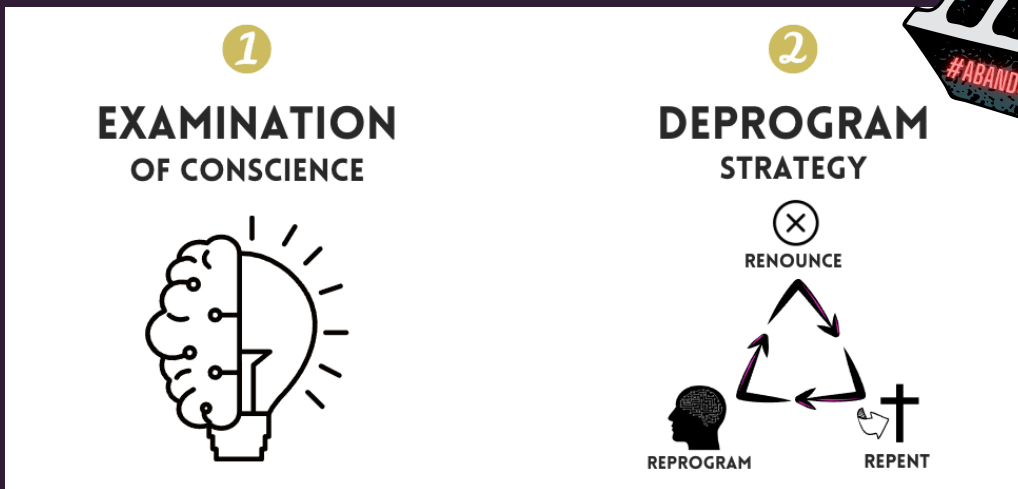
core concepts

HOW TO DISMANTLE STRONGHOLDS

Dismantle strongholds through the renewal of the mind fueled by the power of the Holy Spirit working in you. Here is how it works.

LIBERATE

teaser of
second
phase of
the
process



SELF-EXAMINATION SPOT Method

- S**tudy
- P**inpoint
- O**rganize
- T**ackle

Awareness.

If you don't have the awareness of WHY
you should abandon the BRICK,

you won't have the MOTIVATION
to dismantle the stronghold.

**DIG DEEP
TO DISMANTLE!**



core concepts

BUT WE CAN'T START THERE.

In order to be able to approach the process of dismantling strongholds (especially those fortified by demonic pacts), there is an entire foundation upon which you must build.

IN ORDER TO DESTROY STRONGHOLDS...



IN ORDER TO GAIN FULL FREEDOM IN CHRIST...
YOU MUST GAIN CLARITY.

I AM ABOUT TO GIVE YOU THE
FOUR-STEP METHOD.
LET'S DO THIS.



the method

orient into theology >

C LARIFY

release strongholds >

L IBERATE

learn how to walk with Christ >

A CTIVATE

develop a spiritual plan >

R ESPOND

put on your identity in Christ >

I DENTIFY

share with others >

T ESTIFY

use the gifts God gave you >

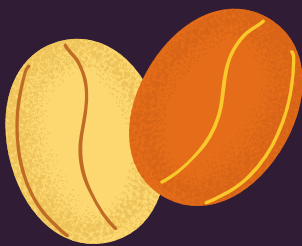
Y IELD

the process

1

ORIENT.

get grounded.



2

LIBERATE.

turn away from lies.



3

CULTIVATE.

nurture your relationship.



4

MULTIPLY.

share with others.



PHASE ONE:

ORIENT

NEW AGE TO CHRIST



When you make the decision to leave the new age to follow Jesus, it's a disorienting experience that is filled with attacks of the enemy. The enemy is going to do everything in his power to keep you from leaving the occult behind, so he will launch all kinds of attacks at you to attempt to confuse, intimidate, and scare you back into submission. Luckily, being aware that this is going to happen is the first step to getting through this part successfully. Once you check the spiritual warfare awareness box, you can move into spiritual fortification. This comes down to these directives:

(1) CLOSE THE DOORS.

You **MUST** close all spiritual doors as possible to cut off the Enemy attacks at the knees. This includes eliminating occult influences. Take account of your surroundings and consider the following settings:

- environment, social, physical, occupational, intellectual, emotional, spiritual

(2) INTENTIONALLY DEDICATE YOURSELF TO GOD.

- Fill your mind with the Lord **REGULARLY**, engaging in Bible reading as much as possible (to flush out the lies with truth).
- Take on a **HEALTHY** prayer regiment. Spiritual warfare prayers and fortification prayers (mission-critical). Learn about **PRAYER** and **PRAY!**

(3) GAIN AWARENESS OF YOUR SITUATION.

- Get oriented into where you are at and where you want to go.
- Understand the depths of the lies that you were caught up in. Find how Holy Scripture and the Gospel speaks into the new age/occult.

(4) GET THEOLOGICALLY GROUNDED.

- Dedicate yourself to understanding the truth about Christian theology and doctrine.
- The new age misinformation and disinformation are so thick here that this takes discipline and research. Take notes. Integrate well.

ORIENT resources

NEW AGE TO CHRIST



1 Books to Read

These foundational resources will help you ground into your faith walk with Jesus Christ. Learning more about what it means to be a Christian starts to flush out the misinformation and disinformation that hides the truth.

YOUR FAITH WALK

SPIRITUAL WARFARE

2 Disciplines to Incorporate

Spiritual formation comprises the practices that you take on to support the process of the Holy Spirit coming in to perfect you as you lean into your journey with Christ. Dedication and intentionality are key.

DAILY PRAYER SITE

DAILY BIBLE APP

3 Doctrine to Study

As you ground into your walk with Jesus, it is imperative to understand the core tenets of the faith by studying the Nicene Creed.

NICENE CREED



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ORIENT

what they say

NEW AGE TO CHRIST



This helped to bring clarity about the holes in my understanding of Christ, the Church, and the Word of God. It is my favorite unit. Getting grounded theologically was the basis and helped spring board into why I needed to dismantle strongholds. My wrong thinking and ideas began to be ironed out and that started with understanding who God is, how incredible. I really enjoyed learning about spiritual warfare as it helped me to understand the nature of my experiences. As well as learning the prayers to help me. This is something I've truly loved learning to embrace and how crucial it is in my transformation to adhere to.

This was a great foundation for me, especially being so new to the faith and not having much experience reading the Bible. There were basic bits of theology that I didn't quite understand, which were clarified. The assignments (particularly the Captive to Christ assignment) showed me how to search scripture to address any issues or curiosity I have. I actually memorized the Nicene Creed during this course (though I still can't remember it as quickly as they speak it at Divine Liturgy, lol). Spiritual warfare overview was very important and a must for anyone coming out of the occult.

The ORIENT unit was so helpful to see the lies of the new age beliefs in comparison to Christian beliefs. The Gospel finally makes sense after much confusion and disbelief because of how it was presented in my past. This unit was great for getting an understanding of foundational theology and spiritual warfare.

I SO! needed that grounding. Still do. I am very new to the faith, orienting is the very first step. Trying to orient by myself was not easy, impossible at the stage I was. Before the Clarity Accelerator I didn't know how to discern whether a theological statement/ video/ article or whatever kind of outlet, was firm, true or where it even came from. As I learned there are SO many different beliefs within the christian faith, these can be very confusing without having a stable base. Coming out of New Age, the most I needed was guidance and structure, to get shown what is TRUE and what is FALSE. I feel like the ORIENT unit was exactly what I needed to get started.

I started the Clarity Accelerator with a solid foundation in theology (I am a bit of a theology nerd). Even so, the Orient Unit was a valuable foundation for the program. The Taking Thoughts Captive exercise is genius! It is truly effective in shining the healing light of Christ into habitual or intrusive thoughts. I can continue to use the Captivity exercise in daily life when needed. I also appreciated the nuance, detail, and expertise in Spiritual Warfare, particularly the REAL fundamentals of self-deliverance (not the nonsense on the internet), and knowing when to use deprecatory versus imprecatory prayer.

PHASE TWO:

LIBERATE

NEW AGE TO CHRIST



This is the hardest part, especially if you aren't prepared for this portion. In order to be prepared to renounce, repent, and be reformed spiritually, you must effectively pass through the first phase, grounding in theological foundations and taking on effective daily spiritual practices to keep your eyes locked upon Christ. I find when people reach this portion of the roadmap, the spiritual attacks drastically increase. The reason? They are doing **IMPORTANT** work to get freed of demonic strongholds. My system approaches this phase methodically, step by step, which removes all guesswork and overwhelm. Here's how it works:

(1) ASSESS YOUR PAST PRACTICES AND BELIEFS.

Do an **IN-DEPTH** assessment of the beliefs, values, thoughts, behaviors, attitudes, habits, addictions, and rituals that you were engaged in. Build a list and then prioritize them. Which had the biggest impact on you?

(2) RENOUNCE.

Renounce means to formally declare your abandonment. This is a strong statement! You have to be prepared to abandon not only the habit (step one), but all practices, thoughts, emotions, and beliefs involved.

(3) REPENT.

It's not enough to turn away from the occult. You **MUST** turn toward Jesus Christ. There is no success in the middle ground. The middle ground is not where you want to be because Satan will attack and drag you back.

(4) RECONCILE.

This step requires a priest. After utilizing Scriptures and prayer to get your heart to a place where you are ready to renounce and repent, do an examination of conscience. Receive the sacrament of reconciliation by confessing your sins and receiving absolution by a priest through apostolic authority. You will likely go through this cycle many times as you release strongholds of the mind. Deliverance is a process. The Lord will develop many things in you during this precious time of shucking off the muck. You're not out of the woods yet; keep going. Stand firm!



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 **TERESA
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LIBERATE

assessment

NEW AGE TO CHRIST



**I'm a Christian,
I don't have any
new age beliefs!**



FAUX-CHRISTIAN
AMANDA

Think you don't?

YOU MIGHT BE SURPRISED.

In some cases, a self-proclaimed Christian who actually has occult beliefs will drop the spirit of pride and get educated on what new age beliefs are before they assume they don't have any. These people end up being some of the most successful in the academy, because they are able to really go deep into releasing lies and grounding into truth. This comes from HUMILITY! In general, cradle "Christians" can become highly susceptible to new age infiltration of their beliefs because of complacency, malformation of spiritual foundations, and denial that they can integrate any negative beliefs that distort their faith. This makes them vulnerable to attacks of the Enemy. We live in a society that has normalized new age beliefs. These lies have infiltrated even the churches. Occult beliefs that go deep into the unconscious mind and become part of a worldview corrupt a person's ability to effectively hear the voice of God, pray, stand against Enemy oppression, and/or ground into their faith walk with Jesus Christ.

A FEW Indicators of an Occult Worldview

Ever been exposed to, entertained, or accepted any of these ideas?

I have the power to manifest reality with my thoughts.

The universe is impersonal and energetic.

God is an impersonal life force.

God does not care about my day to day actions.

Sin is a propaganda tool by those in power.

Truth is relative. I have my truth and you your truth.

Good and bad balance out and both are necessary.

I can use music to heal myself in body, mind, and spirit.

Certain frequencies balance my mind, body, and spirit.

People can heal by channeling energy through their hands.

I use oils and incense as healing tools.

The Bible is only properly interpreted by those who

liberate it from its old and irrelevant context.

I can channel positive feelings to escape situations.

Everything is connected.

There are many paths to God.

All religions are the same.

All paths lead to eternal life.

We reincarnate to evolve spiritually.

The more positive you are the more spiritual you are.

You can manifest positive things by being positive.

The Enneagram is a true and useful tool.

Yoga is good for physical and spiritual healing.

People's thoughts are connected psychically.

Affirmations can evolve me spiritually.

I can change the world with my thoughts.

People are fundamentally good.

Satan isn't real.



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Occult Beliefs

ANTHROPOLOGY
MODERN OCCULTISM
THEOSOPHY
SPIRITISM
ANIMISM
DESTINY
ALCHEMY
ONENESS
HERMETICISM

ESOTERICISM
UNIVERSALISM
MULTI-DIMENSIONALITY
TRANSCENDENCE
5TH DIMENSION
LOVE AND LIGHT
SACRED GEOMETRY
SPIRITUAL HOLISM
GAIA SOPHIA

GNOSTICISM
PAGANISM
WICCA
HINDUISM
FREEMASONRY
THE SATANIC TEMPLE
NEW THOUGHT
GODDESS PATH
FOLK RELIGIONS

Occult Practices

VISITING CHANNELERS
CHANNELING
VISITING PSYCHICS
PALM READING
ENNEAGRAM
TAROT CARDS
DREAM IDOLIZATION
YOGA
ASTROLOGY

NUMEROLOGY
GEMATRIA
INTUITIVE READINGS
PARANORMAL
INVESTIGATION
TALISMANS/CHARMS
VOODOO DOLLS
CRYSTAL BALLS
OUIJA BOARDS

POTIONS
ALTARS
RUNES
CAULDRONS
PENDULUMS
SUPERSTITION
CRYSTAL CLEANSING
SPELLCASTING
MOON MAGIC

Occult Power

AKASHIC RECORDS
FIELD OF INFINITE
POTENTIALITY
QUANTUM PHYSICS
PARAPSYCHOLOGY
"SPIRIT" / UNIVERSAL
ENERGY
AURA (PARANORMAL)
REINCARNATION
COSMIC ORDERING
SYNCHROMYSTICISM

SYNCHRONICITY
LAW OF ATTRACTION
MANIFESTATION
ALTERED STATES OF
CONSCIOUSNESS
CHAKRAS
KUNDALINI
GNOSTIC MEDITATION
ASTRAL TRAVEL
ENERGETIC DOWNLOADS
MEDIUMSHIP

REMOTE VIEWING
CLAIRVOYANCE
REIKI HEALING
ENERGY HEALING
SUBTLE BODIES
ENERGY WORK
ENERGY ATTUNEMENTS
RITUAL MAGIC
SOUND HEALING
MUSIC RITUAL
QUANTUM JUMPING

This is a short survey of the extensive self-assessment list provided in the academy*



LIBERATE

what they say

NEW AGE TO CHRIST



The Release Unit was a true blessing. I already renounced my occult involvement several years ago but even so, I was still struggling with darkness. The Release Unit helped me get specific, to really pinpoint the lies, the deceptions, and the sins. It helped me to connect the sin to the belief, so there could be accuracy and true understanding in my repentance. Finally, what most deliverance ministries I previously encountered lack, is confession, and receiving a tangible sign of God's forgiveness and love.

The RELEASE unit was so powerful and I felt much shift as I was able to fully let go of old beliefs that had a grip on me. The examination of conscience was very thorough and helpful for owning my mistakes and feeling conviction for missing the mark.

Being so long into New Age it definitely build many beliefs I had about the world or myself. A lot of these beliefs were hiding behind and inside huge walls in tiny little bricks, that were hindering me from ONLY worshipping Christ. Without the Clarity Accelerator I would have not been able to recognize them as NOT serving Jesus Christ and holding me back. But not only was it important to release beliefs or dismantle strongholds I still had, but to look at strongholds that were building very early to reflect on how they were influencing me and causing SO much pain and suffering in my life. These were answers to why the New Age leads to nowhere but hell. Hell eternally and in this life. It was hell in the end, and I sure don't want to go back there and now I know WHY!

Examination of Conscience was also very impactful. Being in New Age everything is justified, the irony is, everything is about the SELF and self-reflection, but in reality its about justifying whatever oneself is doing. Sitting down for the first time of my life (PRAISE THE LORD) and actually reflecting my behavior in the past and present on words like pride, anger, envy etc.now THAT truly hit me. Through this exercise is also learned more about Gods Character. I always thought "to sin" and to go to confession is very shame and guilt based. I didn't understand why it was important or why God had so many "rules". Even if I was clear to want to walk with Christ I was still rejecting some parts, because I didn't understand them (So important again at this point to have a teacher who has enough resources, tools and discernment to teach these very important subjects). Learning for example about the seven deadly sins, I realized he loves us so much he doesn't want us to harm ourselves or others. Its LOVEbased not FEARbased. There is so much wisdom in it, so much depth, so much true spirituality, so much TRUTH.

That unit was sugar icing with glitter on a rainbow muffin (with little unicorn stickers on top)!

This to me was THE hardest unit. I struggled completely to even sit still at the computer and work through. I dreaded doing it, it felt very tedious, lol. My thinking began to get extremely blurred, I felt like it was a battle to do the few I went through. BUT after I went through the course I sat again with the EOC and honestly, it was life changing. I know this unit brings about great clarity in my own experience, I know look forward to going through this exercise again with fresh eyes.



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PHASE THREE:

CULTIVATE

NEW AGE TO CHRIST



In this phase of the new age to Jesus process, you cultivate your identity in Christ. You establish a spiritual practice routine that will help you nurture your faith, by the power of the Holy Spirit working in you to perfect and sanctify. This phase is where you deepen your relationship with Christ and tether to him more and more as you grow.

(1) ACTIVATE.

It's time to get grounded into the spiritual disciplines. Explore Bible intake, prayer, sacramental worship, evangelism, serving, stewardship, fasting, silence and solitude, journaling, and learning.

(2) RESPOND.

After learning about the spiritual disciplines and what the Bible teaches about them, it's time to respond. Now you should build a spiritual formation plan to follow so you can develop fruits of the Spirit like perseverance and wisdom. It's critical at this point to learn how to study the Bible and also get plugged into a local church.

(3) IDENTIFY.

In this phase, you should learn what it means to hold your identity in Christ. You must learn how to let go of the past identities that were false identities that Satan projected onto you. Who are you in Christ? When you start to put on the New Creation in Christ and lean into what the Lord has for you, you start to see that God's will and purpose for you glorifies him and calls you to use your gifts and talents to build up others. It's not about the self-centered ways of the occult that lead to eternal life. When you believe in Jesus and have the Holy Spirit inside you, yield to the process of blossoming into a child of God to be utilized by God to lift people up to the light! As you develop your passion for the Lord and it starts to take direction, it's time to start thinking about spiritual multiplication and sharing your faith with others.



1 Books to Read

These foundational resources will help you cultivate your faith walk with Jesus Christ. Learning more about spiritual disciplines starts to anchor you to what helps your faith grow over time.

[SPIRITUAL DISCIPLINES](#)

[HOW TO PRAY](#)

2 Bible Study Resources

These websites will help you study the Bible. You can find passages on a certain topic, study root words and definitions in Greek and Hebrew, and find where specific words appear across the Scriptures.

[BIBLE HUB](#)

[CONCORDANCE](#)



Satan is an identity thief.

Identity Theft Avatars OF THE NEW AGE



UNIVERSALIST EUGENE

I believe in divinity in all things and people. All is "God" experiencing itself. You are god! There is one universal truth in all belief systems.



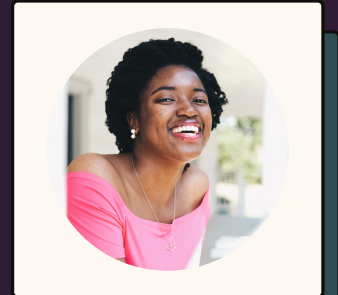
POSTMODERNIST PENNY

There is no ultimate truth! All is relative and based on perception. I have "my" truth and you have "your" truth. Good luck winning an argument with me.



CONSPIRACIST CARL

Everything is a conspiracy. Nothing is true. Everything is a lie. Everyone is evil. We're doomed. I stockpile resources and you should too. Get your bug out bag ready ASAP.



ENLIGHTENMENT TINA

I take on every single practice possible because I feel like it helps me manifest good things into my life and makes me more spiritual.

These are just a few examples. Get creative. What are some of the identity theft avatars that you accepted? Now release these false identities and lead all thoughts and purposes captive to Christ. Who are you in Christ?

3 Concepts to Study

It is paramount to learn about your identity in Christ so you can leave confusion behind and become confident in who you truly are.

I AM FORGIVEN
I AM RECONCILED
I AM RESCUED
I AM REDEEMED

EPH 1:6, ROMANS 8:1
ROMANS 5, 2 COR 5
MATT 20, 1 TIM 2
EPH 1, COL 1, TITUS 2

I AM CHOSEN
I AM JUSTIFIED
I AM FREE
I AM LOVED

ROMANS 8, EPH 1
ROMANS 3, 5, 8
JOHN 8, GAL 4
ROMANS 5, 1 JOHN 3



CULTIVATE

what they say

NEW AGE TO CHRIST



The Word Study exercise was really fun because even though there were multiple of us doing the same word, everyone had a different approach. I loved taking a deep dive into God's promises, inheritance, and protection. It actually cleared up a lot of confusion I have carried throughout my life.

When I started, I didn't even know what spiritual formation was. I definitely needed this unit, as I have a hard time with sustaining regular practices and structure. Having a plan helped me stick to my spiritual practice goals (at least until my father moved in and my aunt visited...I got a little off track then, but noticed that I missed reading from my Orthodox Bible daily and missed my daily morning prayers...that's a really good sign for me). It was fun to see the other women's creative nuggets too!

I loved all the resources Teresa shared in the CULTIVATE unit, especially the Bible resources. The planning of spiritual disciplines showed me what areas I need to work on and put more attention on. I got much clarity about distractions from the video on conspiracy media.

That unit felt like a deep breath that I really needed. A lot of times during the Clarity Accelerator we talked about how important it is to place Jesus Christ on the throne of our hearts. I felt like that unit was exactly the tools I needed to be able to do this. To fill these holes I just released ONLY with Christ. It was very important for me to form a spiritual formation and plan around spiritual disciplines, specially because spiritual warfare is very real and we NEED these tools how to deal with it. Consistent prayer was a game changer for me. also very consistently getting into the word, without excuses is the only chance to truly form a relationship with God. I also loved the opportunity to fill my day being in union and in love with Christ by drawing, making music and listening to worship music, there are so many creative ways to worship and pray, it is amazing.

This was a lot of fun for me and felt like a huge relief after the difficult anchors section. It was joyful to create a plan, and begin to be creative in other ways.

PHASE FOUR: MULTIPLY

NEW AGE TO CHRIST



In this phase of the new age to Jesus process, you lean into spiritual multiplication. It's time to take all that you are becoming and turn around to share that light of Christ with others. Let your light shine! "No one after lighting a lamp puts it in a cellar or under a basket, but on a stand, so that those who enter may see the light." (Luke 11:33)

(1) TESTIFY.

It's time to learn how to share your testimony with others. You can do this by watching other testimonies as examples, and then start to piece yours together in a way that tells your story clearly and concisely, and glorifies God. Practice sharing your testimony with friends!



MULTIPLY

what they say

NEW AGE TO CHRIST



Just before sharing the testimony I was able to connect the dots in a more clearer way. It was a big shock to be honest. To truly see how far Satan influenced my life and how much power he did have over me. It was very hurtful to see the truth. To see that I literally risked my life and the life of my unborn child. But again it brought me so much closer to God and to honor his work in my life. To humble myself and to completely surrender to his will.

It was very emotional and healing. I appreciated being able to open up and share what I had gone through even though some of the nuances may not of been as important to others, it was what I needed to get off my chest. It felt liberating. I super appreciated everyone's feedback and what they felt was impactful. It also helped me to see my story through and the main themes I struggle with as an adult, and why. Your feedback and clarity here was epic. I couldn't see the common core of abandonment, anger distrust, and unworthiness. It was you expert guidance that allowed me to hit upon these themes more concisely

It was good to walk through my testimony and develop it. Helps me remember the great commandment to "multiply believers" and share my testimony. I did learn how much I lived in the world and how my early development affected my faith.

I learned how much deception the enemy puts into identity and saw how that played out in my life. I loved hearing everyone's testimonies and seeing how God saved us all.

Sharing my testimony was an emotional experience. I cried, lol. But it gave me a good sense of closure for the part that is past. And hopefulness for what is to come.

I love the feedback and questions from everyone, it is good motivation to keep going! I have much to edit and work on to feel comfortable sharing my testimony.



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 TERESA
YANAROS

PHASE FOUR:

MULTIPLY

NEW AGE TO CHRIST



(2) YIELD.

The Lord has a plan and purpose for your life.

"For I know the plans and thoughts that I have for you," says the Lord, "plans for peace and well-being and not for disaster, to give you a future and a hope." (Jeremiah 29:11)

Yield to what the Lord has for you.

Lean into sharing your story with others, and find ways to share your gifts and talents with the world. You have been called by name into the Kingdom of God. And now you are FREE to serve and please God in the newness of life!

Remain vigilant and stay to the end.

"The one who endures to the end will be saved."
(Matthew 24:13)

Put on the armor of light!

"The night is far gone; the day is at hand. So then let us cast off the works of darkness and put on the armor of light." (Romans 13:12)



NEW AGE TO CHRIST



What's next?

Now that you have the roadmap
for going new age to Jesus,
are you ready to fast-track your clarity?

**YOU'RE INVITED TO APPLY
TO SEE IF YOU QUALIFY
FOR THE CLARITY
ACCELERATOR ACADEMY.**

The Clarity Accelerator Academy is our signature program including an intensive online curriculum that spans over 12 weeks, live consulting Q/A calls with me, and an exclusive community of supportive Christians.

We work side-by-side to help you dismantle strongholds, gain clarity, and share the light of Christ with others. The goal of the academy is to equip you to get theologically grounded and spiritually liberated so you can use the gifts God gave you to build up the Kingdom of God. You will have LIFETIME ACCESS to the academy, weekly calls, and support.

APPLY NOW



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